



# California Access to Recovery Effort Monthly Update

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### Contact Us:

[www.california-cares4youth.com](http://www.california-cares4youth.com)

### CARE Call Center:

866.350.8773

## Life:WIRE Implementation

A Life:WIRE voucher has been added to the VMS and it is available to clients receiving services from a participating treatment or recovery support provider. Life:WIRE is a text messaging service that allows you to pre-set text messages to clients via your computer. Messages can be questions to evaluate client progress/status, appointment reminders, or ongoing support and encouragement; and counselors can be alerted to a client's response to a particular question.

To participate, providers need to sign an agreement with the Life:WIRE Group to be invoiced directly, and they will be reimbursed by CARE through the VMS. Life:WIRE will charge \$12 per month per client for up to 30 interactions, and CARE will reimburse at a rate of \$20 per month per client for up to 30 interactions (one outgoing text message + one incoming client response = one interaction). For additional information, please contact the CARE staff.

## Clients Served & Funds Redeemed (as of 4/30/10)

- Total clients served: 5,653 (goal is 6,900)
- Voucher funds redeemed: \$8,373,991 (of \$12 million available)

## Monthly Provider Call

The first monthly provider conference call was held May 12 and over 25 individuals participated. These calls will be held the second Wednesday of every month from 11 am to noon (the next call will be on June 9). We encourage you to take advantage of this opportunity to ask questions, provide input and share with your peers. Look for an email reminder with the call-in numbers.

## GPRA Q and A

Q1: How do I answer the question about school enrollment if the client is on a school break when I do the six-month GPRA?

A1: The client is considered enrolled in school even during holiday and summer breaks.

Q2: I'm entering the date I do the discharge GPRA interview as the date of discharge. Is this correct?

A2: No! The discharge date is the last day the client received a CARE service (individual or group session, TMAC call, etc).

## Client Success Story - Thank you Shoni!

"My name is Shoni, [which] means the bright sunshine. But I once had storm clouds blocking my soul. I wasn't living to be alive, I was surviving to be high, because inside I had given up. My life didn't matter to me anymore, and I was trying desperately to erase myself.

I began drinking when I was 13 because my parents were always drinking, fighting and hitting one another, and I had been sexually abused. Alcohol was my escape. I would steal alcohol from neighbors, take it with me on the [school] bus, [and] drink until I passed out. I stopped buying food for myself and used that money [for drugs]. I relied on the drugs and alcohol to help me feel happy, to help me feel anything, and I couldn't handle life without them.

I would do anything: snort pain pills, drop 3 hits of acid, and eat grams of mush[room]s. I would smoke weed until I could barely talk, drink until I blacked out. I'd drop 3 hits of [Ecstasy] without thinking twice [and] stay up for days, high out of my mind. I began to snort Adderall because it gave me energy during the comedowns and withdrawals and made me lose weight. My last and strongest addiction was ... inhalants and I began chasing that high until I almost didn't wake up. I started to have heart palpitations and I was really sick [and] I almost died one night.

The near death episode opened my eyes, I wanted to live. I had been running for so long, from the abuse at home, from myself, from my eating disorder, from life. Drugs were my escape, but I had begun to disappear. The teachers and counselors at my high school sought out the help I needed for my drug and alcohol addiction through the CARE program.

I have now been sober for one year, and my life is changed forever. I graduated from high school, got a better job, got my health back, got my drivers license. I've made healthy sober friends and started college. I did this clean and sober! Shirley, my counselor at Shasta Recovery Center, taught me how to find happiness again, and relationships without substances. She taught me that I mattered! She supported me when I was so broken, so numb, so ready to die. [I found] a hope I had given up on long ago, it helped me get my life back, and now I want to help people who feel like I felt so they know that they are never alone either. My recovery has helped me see the beauty of life and I want to live again. I feel an inner strength that I'm sure would not be mine without the help I have received. I am still working on me but no longer fear my issues. I am facing them, one day at a time with a clear view. And.... the AA quotes aren't bad either ;) "

**We want  
your  
success  
stories!**

Please forward to ADP with the Client Consent Form located on the CARE website under "Provider Info".